

FREEDIVING CLINIC 2003

Freediving South Africa (FSA) invites you to attend a Freediving Clinic in Durban from the 8th to 9th November 2003

VENUE:

1. Durban Kings Park Pool, Saturday 8th 11h00 to 15h00
1. Sunday 9th 11h00 to 16h00, This will be a Quarry dive for constant weight freediving TBA.

FEE:

1. Freedivers that attend join FSA, at a fee of R120.00. This includes membership for 1 year.

GENERAL:

1. Freedivers attending may pay on the day.
2. All Freedivers to confirm attendance by contacting Andrew Nell or Shane Breedt.
3. The contents of the Freediving Clinic requires that you bring your own freediving equipment, consisting of the following: mask, snorkel, fins, wetsuit and weight belt.
4. Newcomers also welcome for an Introduction to Freediving.
5. For further information please contact:
 - Andrew Nell on 083 2335 128 / email andrew.nell@smiths.co.za
 - Shane Breedt on 082 564 6118 / email freedivers@iafrica.com